



# NEWSLETTER

# VALENTINE'S DAY IS COMING UP!

Valentine's Day is just around the corner, and we're excited to celebrate with you and your little ones! All parents and caregivers are invited to send a heartfelt note to their child! Whether by email or by dropping off a love letter, your thoughtful words will be shared with your child throughout the day. It's a beautiful way to make them feel extra special on this day of love.

For those children attending Ste-Marie, Azilda site, Valley View, Val Caron site, and MacKenzie Place site, we invite you to join us for a funfilled morning, where we'll be hosting a special Valentine's Day event.

We'll have a craft station for creative fun, sweet treats and refreshing beverages to enjoy, and a photo opportunity set up so you can capture those precious moments with your child.

This is a wonderful opportunity for parents and caregivers to join in the festivities and make lasting memories together. We warmly welcome you to come celebrate with us between 7:00-9:00 AM for this free and festive event.

We look forward to making this day even more meaningful for you and your child!

www.trianglesudbury.ca

#### REMINDER

We would like to remind you to please submit your child's updated immunization record on Digibot whenever your child receives a new immunization. Keeping this information up to date helps ensure your child's health and safety, as well as compliance with ministry guidelines.

#### **FAMILY DAY ACTIVITIES**

Here are some fun Family Day activity ideas for winter:

**Snowman Building**: Head outside for a friendly snowman-building contest with creative accessories.

**Winter Nature Walk:** Explore the outdoors, spotting animal tracks or frozen ponds.

**DIY Snow Paint:** Mix water and food coloring to "paint" the snow and create colorful designs.

**Indoor Scavenger Hunt:** Set up a winter-themed scavenger hunt inside your home.

**Baking Winter Treats**: Bake cookies or cupcakes with winter-themed decorations.

**Winter Olympics:** Have fun with games like a snowball toss or marshmallow relay race.

**Sledding:** Race down a hill on your sleds and enjoy hot cocoa afterward.

Winter Movie Marathon: Snuggle up for a cozy movie marathon with winter favorites.

**Ice Skating:** Enjoy some ice skating at a local rink for a fun family outing.

Crafting Winter Decorations: Make paper snowflakes, winter-themed paintings, or handmade cards.



#### **TESTIMONIAL**

I would like to say that Ms. Navdeep from Beaumont Avenue is very kind and played a very important role in helping Parascha become diaper trained.

When we started helping Parascha quit diapers, I was worried whether the staff at Beaumont would remind her as often as we do at home. But every time we pick her up, Ms. Navdeep updates us on her "pee-pee" record, such as how often she goes to the bathroom and if she had any accidents.

Ms. Navdeep is doing an amazing job! Thank you so much.

**Zhang family** 

**Family Day** 

### **IMPORTANT DATES**

Professional **Development Day** 

> February 7 ALL centres CLOSED

#### Valentine's Day

February 14 Don't forget to write a love letter to your little and submit to your site supervisor.



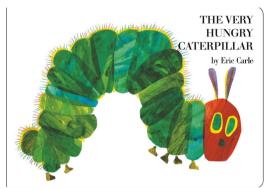
February 17 **ALL** centres CLOSED



## STORYTIME - CHOOSING THE RIGHT BOOK

For toddlers and preschoolers, choose books that are interactive (flaps, textures), feature simple, short stories, and include repetition or rhymes. Books about everyday life, animals, or nature are great, as well as those

with vibrant, colorful illustrations. Titles like "Goodnight Moon", or "The Verv Hungry Caterpillar"



by Leslie Patricelli are excellent options, focusing on engaging visuals and relatable themes to keep their attention!

# **DID YOU KNOW?**

Did you know that Magic Triangle welcomed two new childcare sites last year? We're excited to have the Beaumont Avenue site and MacKenzie Place site in Sudbury join our Magic Triangle family. Both locations are led by exceptional Leads — Kathy Proulx at Beaumont and Carol Udeschini at MacKenzie – who provide amazing support to ensure the sites run smoothly and effectively. We're thrilled to have them and their teams on board!



Kathy Proulx RECE